

tom foster community care

11-13 Darley Street,
Newtown, NSW 2042
Phone 9335 2153
Email tfadmin@marrickville.nsw.gov.au

interpreter service

Marrickville Council employs be-lingual staff who can assist with interpreting. Please call 9335 2222.

You can also call on 131 450, the Telephone Interpreter Service (TIS).

other programs

Tom Foster Community Care coordinates several programs to improve the quality of life for seniors in the area, such as:

- > Home delivered meal service.
- > Centre based meals, bulk meals and takeaway meals.
- > Marrickville Social Support Service includes home visiting, escorting to appointments and personal shopping.
- > Gentle Exercise and Yoga.
- > Social Group including Tom Foster Seniors, Chinese Seniors, Sydenham Tempe and St Peters Seniors and Portuguese Seniors.
- > Bus transport of local seniors groups to local areas and outings.





your rights as a client

you
have the
right to

a home and
community
care funded
service

Tom Foster Community Care operates under a code of conduct to ensure that citizens' rights are protected.

- Be treated with respect and courtesy.
- Have complaints resolved promptly and fairly.
- Have the information you provide to the Centre kept confidential.

The dementia support service is a partnership between Marrickville Council and the Home and Community Care (HACC) Program.



home and community care

tom foster dementia support service

Volunteers visit clients, who have dementia, on a regular basis.

The aims of the program are:

- To share a meal and provide social contact
- Improve nutrition and well being
- Maintain independence
- Assist with meal preparation and encourage fluid intake
- Check contents of fridge and use by dates

Volunteers are provided with training and support from staff. Volunteers undergo a Criminal Record check and reference checks.

The service is for citizens who live in the Marrickville, and Leichhardt local government areas.

There is no charge for the service.

Please call **9335 2153** to make a referral or for more information.

www.marrickville.nsw.gov.au